

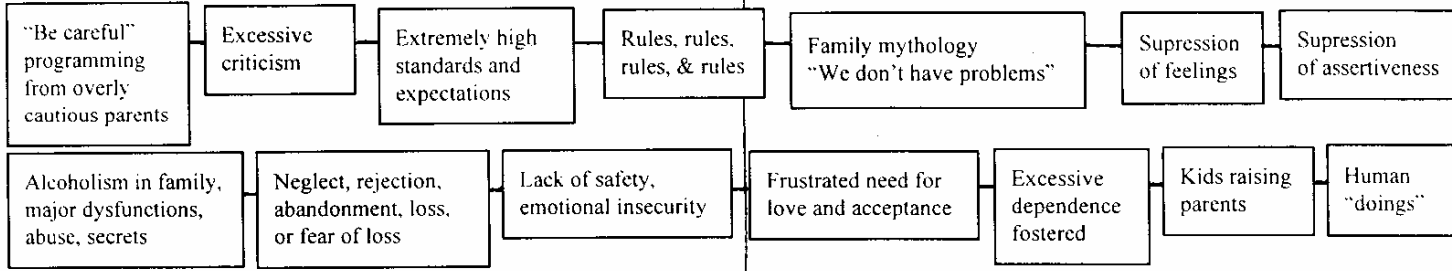
THE DEVELOPMENT OF AN ANXIETY DISORDER

(Check boxes that apply to you)

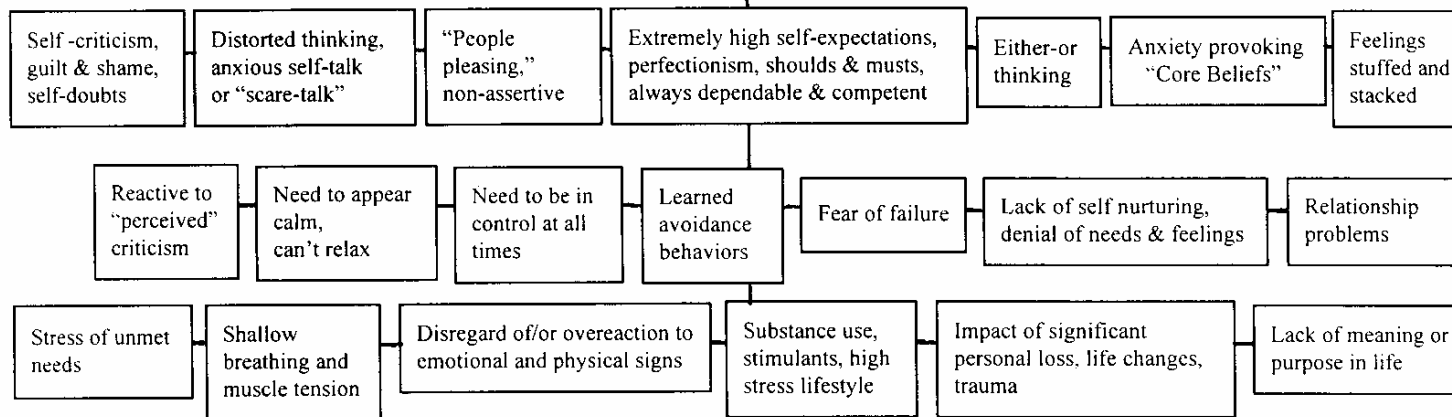
INDIVIDUAL CHARACTERISTICS

Unique biological factors, such as heredity, intelligence, creativity, imagination or stimulus reactivity make an individual better able to resist stress and anxiety, or more prone to develop an anxiety disorder. Individual characteristics include basic needs for safety, security, love, and acceptance.

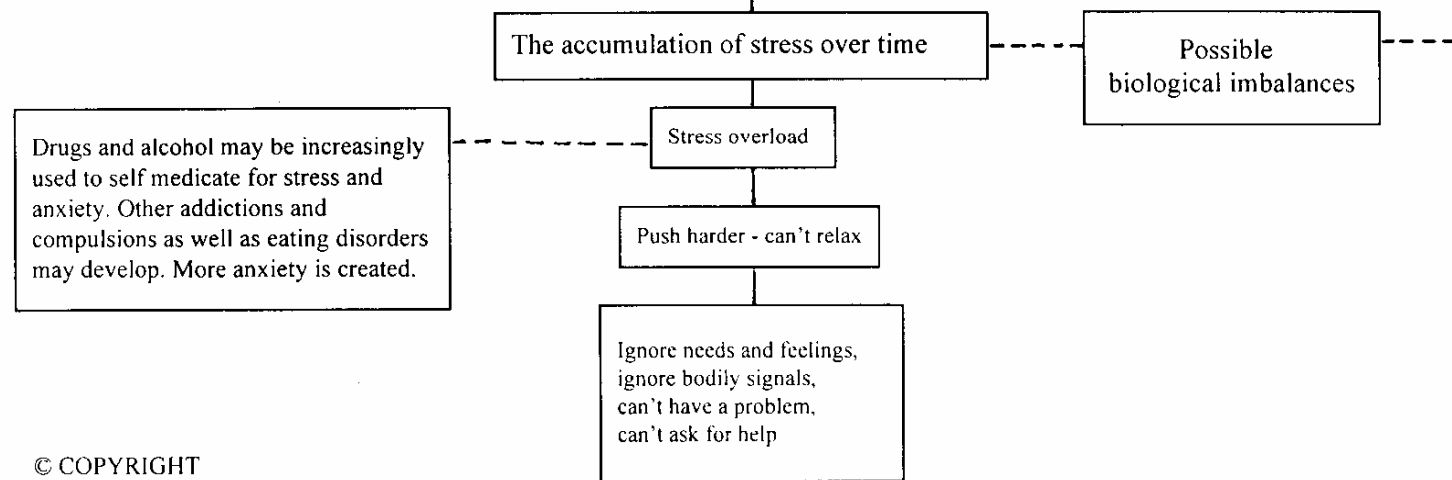
CHILDHOOD CIRCUMSTANCES (Historical and Fixed)



CONTRIBUTING FACTORS (Ongoing and Changeable)



DEEPENING DISTRESS (Preventable and Reversible)



© COPYRIGHT
W.C. Shearer 1996
C A L M

ANXIETY DISORDER